PICO Worksheet and Search Strategy

1. Define your question using PICO: Population, Intervention, Comparison, and Outcome.
   Population: ___________________________________________________________
   Intervention: __________________________________________________________
   Comparison: ___________________________________________________________
   Outcome: ______________________________________________________________

2. Write out your question: _________________________________________________

3. List the main topics and terms from your question that you can use to search.
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________

4. Check any limit that may pertain to your search:
   __ Age __ Language __ Year of publication

5. Type of study/publication you want to include in your search: (From Step 2 of tutorial)
   __ Systematic Review or Meta-Analysis
   __ Clinical Practice Guidelines
   __ Critically Appraised Research Studies
   __ Individual Research Studies
   __ Electronic Textbooks
   __ Individual Research Studies

6. Check the databases you searched:
   __ Cochrane Library
   __ Joanna Briggs
   __ CINAHL with Full Text
   __ PubMed Clinical Queries

7. What information did you find to help answer your question?
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________

This form is adapted from: Syrene A. Miller, PICO Worksheet and Search Strategy, National Center for Dental Hygiene Research